

Trauma-Informed Practices for School Staff

Developed by MindWise’s Trauma Experts, Trauma-Informed Practices for School Staff is a self-led, online professional development course for K-12 teachers, administrators, paraprofessionals, and school-based mental health professionals. This interactive training provides staff with real-world guidance for improving programs, communications, and policies to ensure safe schools and environments for everyone.

Schools are a critical setting for supporting youth who have experienced trauma. When schools are trauma-informed, there is often a significant improvement in student behavior, growth in academic achievement, a reduction in suspensions and expulsions, an improved sense of teacher satisfaction and safety, and more.

Key Learnings:

- Understand how trauma can impact students’ learning, behaviors, emotions, and social interactions at school
- Utilize practical, universal strategies to support students and help them regulate their behaviors and emotions
- Reduce the risk of re-traumatization using the frameworks of PACE and Safety, Predictability, and Control
- Mitigate the toll the work can take on school staff through sustainable well-being and self-care routines

Features:

- **\$500 per school (annual license)**
- Access to 6 self-guided learning modules and 7 hours of learning
- Downloadable course material with additional practice activities
- Certificate of Completion upon successful conclusion of the course
- Revisit modules as often as needed during your annual license

Course Feedback



“I absolutely LOVED this course.

It gave names and clear directions to things we do naturally when we knew a student had suffered trauma, but helped take it a step further.”

“This is information all teachers need in order to provide them with the skills they need in working with ALL students.”