MindWise Mental Health Screening Citations

**ADOLESCENT DEPRESSION SCREENING (BSAD)**
The Brief Screen for Adolescent Depression is intended for use by parent(s) or guardian(s) on behalf of their child.

**ALCOHOL USE SCREENING (AUDIT)**
Developed in 1982 by the World Health Organization the questionnaire, the Alcohol Use Disorder Identification Test consists of 10 questions. The AUDIT alcohol screening was developed as a simple and efficient method for assessment of alcohol use.

**ANGER SCREENING**
Routine screening for anger helps to identify warning signs so that individuals can seek help. The DAR–5 is a brief and psychometrically sound measure of anger.

**BIPOLAR DISORDER SCREENING (MDQ)**
The mood disorder questionnaire was developed by Robert Hirschfeld, MD and is the only validated screening for bipolar disorder.

**BRIEF BIOSOCIAL GAMBLING SCREENING**
Developed by researchers from the Division on Addiction, Cambridge Health Alliance, this is a three–question brief screening instrument that helps a person decide whether to seek a more formal evaluation or treatment of their gambling behavior.

**DEPRESSION SCREENING (HANDS®)**
Developed by Harvard Medical School’s Department of Psychiatry and Screening for Mental Health’s Founder Dr. Douglas Jacobs, the questionnaire consists of 10 questions followed by three additional items targeting bipolar disorder.
EATING DISORDERS SCREENING (EAT-11)
Created by David Gamer, PhD, the questionnaire is a modified version of the EAT26.
Psychological Medicine, 12, 871-878.

GENERALIZED ANXIETY DISORDER SCREENING (CD-GAD)
The Carroll–Davidson GAD scale (CD-GAD) is a 12-item screening tool for Generalized Anxiety Disorder. The CD-GAD has a yes/no format and measures GAD symptoms occurring over the past six months.

OPIOID MISUSE–INDIVIDUALS
The Opioid Misuse Screening is an eight-question tool designed to assess for signs and symptoms of opioid misuse. It is adapted from the Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST). This tool is for educational purposes only and is not intended to be diagnostic.

POST–TRAUMATIC STRESS DISORDER SCREENING (SPRINT–4)
Developed by Jonathon Davidson, MD at Duke University Medical Center.

PSYCHOSIS SCREENING FOR INDIVIDUALS (PQ–16)
The psychosis screening is a modified version of the PQ–16 (Prodromal Questionnaire 16) and was developed to bring about the implementation of routine screening for psychosis risk.

PSYCHOSIS SCREENING FOR LOVED ONES/FRIENDS (PQ–16)
The psychosis screening is a modified version of the PQ–16 (Prodromal Questionnaire 16) and was developed to bring about the implementation of routine screening for psychosis risk. The
questionnaire has been further modified so that it can be taken on behalf of friends/loved
one.

**SUBSTANCE USE SCREENING (ASSIST)**
Developed by the World Health Organization, the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) is a brief screen that was developed to detect substance use and includes questions on alcohol use.

**WELL–BEING SCREENING**
Our wellbeing screen is a snapshot of current time and can shift with stressors or changes in daily life. As your stress level or situations in your life change, we encourage you to retake this screen. Developed by the Massachusetts General Hospital Department of Psychiatry, the Schwartz Outcome Scale–10 (SOS–10) measures a person’s life satisfaction and well–being.

**WIDE–RANGE SCREENING**
The Wide Range Screening is a combination of the PHQ–4, the Cage–AID, PC–PTSD–5 which are validated brief screens and symptom–related questions.

For more information, please email MindWise Innovations at info@mindwise.org.