

Trauma-Informed Academy

Developed and delivered by MindWise's Trauma Experts, our Digital Trauma-Informed Academy for Schools is designed to help school staff understand the impact and prevalence of trauma. This 2-month, multi-modal program provides real-world guidance on how staff and faculty can improve programs, policies, and communication to ensure safe schools and environments for everyone.

Through a blend of online, asynchronous learning modules, live group discussions, and downloadable class materials, attendees will learn how to implement a trauma-informed approach within their school systems.

Key Learnings:

- Communicate and support a shared understanding among staff and faculty on the impact and prevalence of trauma and adversity on students
- Promote feelings of physical, social, and emotional safety for students and staff
- Utilize trauma-informed strategies to understand and respond to student behaviors
- Endow positive and culturally responsive discipline policies and practices
- Provide access to comprehensive school mental health and behavioral health services
- Promote effective community collaboration to ensure safe schools and environments

Features:

- **\$400 per person for 2-month course**
- 6 self-guided learning modules (average 20 minutes each)
- 5 bi-weekly virtual discussions to reinforce and practice content learned
- Downloadable coursebook with additional practice activities
- Ongoing course support, such as a virtual kick-off call, bi-weekly reminders, and invitations to join virtual discussion groups
- Certificate of Completion upon successful conclusion of the course

Course Feedback



"I absolutely LOVED this course.

It gave names and clear directions to things we do naturally when we knew a student had suffered trauma, but helped take it a step further."

"This is information all teachers need in order to provide them with the skills they need in working with ALL students."